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# Daring Adventures In Paint: Find Your Flow, Trust Your Path, And Discover Your Authentic Voice-Techniques For Painting, Sketching, And Mixed Media



## Synopsis

Daring Adventures in Paint is a colorful, whimsical adventure of a book that explores inspirational paint and mixed-media techniques. Written by the well-loved artist/illustrator/blogger Mati Rose McDonough, this book's approach to making art is a bit like uncovering a hidden treasure, a treasure that resides within each aspiring artist. Through a myriad of both practical applications and creative exercises, Mati shows artists how to "find their magic"â "the place of confidence from which they can access the vision of what they want to share with the world.

## Book Information

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## Customer Reviews

Oh my gosh, this book is \*amazing\*. AMAZING!This is the creative/art book I have been waiting for. I'll confess I had no idea who Mati Rose McDonough was- I wasn't at all familiar with her work or her art or her blog. I ordered the book on a whim because of its cover and title.I am just overjoyed- it's \*such\* a wonderful book. It's full of not only inspiration, encouragement, wonderful information, but also step-by-step techniques using the basic supplies that we all have- acrylic paints in bright colors, brushes, pencils, paper or canvas. There's no fussy projects in this book- instead, McDonough basically lays out the way she approaches different foundations of art (painting, collage, image transfer, drawings, map-making, etc.) and then invites the reader to put their own spin on it. But in the process, she doesn't keep anything "secret" or hoard her techniques.I am so inspired. I own a LOT of art books, and the ones I don't own I constantly thumb through at the local bookstore. This is just such a refreshing change from what's normally out there. It's both a creative kick-starter (with ideas for different ways of gathering inspiration and ideas), a book full of encouragement

(McDonough shares her own path as she became an artist, and how it wasn't always smooth sailing), and pages of techniques to either emulate or dip into, as you see fit. I was looking for a book to inspire and educate me, and in "Daring Adventures in Paint", I found both. I rarely come away from creative books buzzing with excitement to get started on new projects, but I really feel like McDonough's enthusiasm and passion flowed through her writing and her art and right into me. Sorry if this sounds all very "wavy gravy" but I'm just truly thankful that I took a risk and judged a book on its cover. Highly, highly recommended for anyone looking to learn new techniques, or just expand their person definition of what being an artist is.

This book makes taking on a painting project seem achievable for a novice like me. The simple, easy to follow to instructions on techniques are both inspiring and and encouraging. I took Mati Rose McDonough's "Get Your Paint On!" class online and now I can follow her book to create my own original painting. I love this book!

Mati takes each reader on a journey through this beautiful book. Full of practical step-by-step instructions on how to dive in and start painting, she also gives you the permission to wander, and explore; reminding us at every turn that it's not about being perfect, it's about the adventure! Creativity is not something that can be formulated and calculated... it sometimes comes with rocky waves and sharp rocks. The imagery and Mati's soothing words that guide you through the process and exercises make you feel like it's not only entirely possible, but that you're on a treasure hunt for something magical. I'm also absolutely in LOVE with the gorgeous photos! I cannot believe how rich, bright and gorgeous every one of them is. So inspiring, I feel like I'm right there with her, living this layered, creative life. This is an incredible book for any one brand new to art, or those with years of experience... you'll be inspired to break out the brushes and dive in!

I ordered "Daring Adventures in Paint" for my daughter's 32nd birthday, an artist who needs a little inspiration. It was delivered yesterday and I could not wait to look it over. My first reaction was WOW! What color! The photographs are beautiful, especially those in evening light. Mati inspires with this user-friendly, "you can do it" book. I can't wait to try some of these painting projects with my daughter. Thank you for offering the perfect birthday gift.

Mati Rose has created a drop-dead, gorgeous, glowing, shining, shimmering, eye-candy filled book. It's a true delight. The book is a reflection of Mati's gorgeous spirit and that glow carries through

every page. Bursting with color, inspiration, and generous prose, this book is going to be treasured for years to come. It reads like the very best artist's blog--personal, professional, filled with inspiration and insight, and allows the reader to see the fluidity between Mati's artwork, studio, wardrobe, and favorite Bay Area locations. And if that wasn't enough, the photography by Leslie Sophia Lindell is divine. Bravo, Mati Rose!

This book is stunning--from the moment you open the first page and see smiling faces holding one of Mati's mantras: "show the world your magic", you will be rapt. Mati's writing is open and honest; her painting/mixed-media tips are clear and instructive, and the photos ( of Mati's studio, painting processes and inspirations) are beautiful and inspiring. I recommend this book without hesitation-- I felt like I had a private visit and tutorial-- what a treat!

I'll keep this sweet and simple! I thoroughly enjoyed this book and it is one of a select few that will be a permanent fixture in my creative library. As an artist who is trying to find my own creative voice there were a few key phrases in this book that have helped me over the hump of "painting inside the box" and has taught me to let my art speak to me and lead me in the direction it is intended to go.

I've waited months to see this book! It is as beautiful and engaging as her art! Now the rest of us can experiment with painting and benefit from her talent and techniques. Any artist in your life will enjoy and learn so much from this clear, well written, beautifully photographed book that invites us all to be daring.

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